STUDENT SUGGESTED DAILY SCHEDULE MONDAY-FRIDAY

Time	Class	To-do items
8:45-9:00	Morning Message	☐ Click the link here@ 8:45 to join the live video conference to get your day started! Make a link to the Schoology page for Mrs. Still's Morning Announcement
9:00-9:40	Math	 □ Go to your Math Schoology Course. Your teacher has instructions for you. □ Complete one lesson on Odysseyware daily. □ Email your teacher if you have any questions about your assignments.
9:40-10:00	Break/Exercise	 □ Go to your PE Schoology Course □ Go for a walk/run outside, if possible □ Yoga/stretching
10:00-11:00	Reading/Writing	☐ Go to your Reading Schoology Course☐ Independent Reading Time
11:00-11:20	Dreambox	☐ Complete at least 1 lesson daily.
11:20-12:00	Fine Arts	
12:00-1:00	Lunch	☐ Listen to an educational Podcast! Try <i>RadioLab</i> if you like Science, <i>Forever Ago</i> if you like history, or <i>Goodnight Stories for Rebel Girls</i> if you like biographies.
1:00-1:40	Science	☐ Go to your Science Schoology Course
1:40-2:00	Break/Exercise	☐ Go to your PE Schoology Course☐ Go for a walk/run outside, if possible☐ Yoga/stretching
2:00-2:40	Social Studies	☐ Go to your Social Studies Schoology Course
2:40-3:00	Daily Reflection	 □ Reflect on what worked well/not well. □ Record what they didn't get accomplished. □ Make a goal for what will be accomplished tomorrow.